

Partnering with God

IN THE STRUGGLE OVER SIN

by Sandra Higley

Overcoming sin is a partnership with God. His grace and our acceptance and application of that grace are equal components in winning the battle. Here are prayers for help and declarations of faith for times when the going gets tough.

I praise Your name, El Roi, the God who sees me. **You know every struggle**, every fall—and You understand because You experienced every temptation I face. Nothing can separate me from Your love. (Gen. 16:13; Heb. 4:15; Ro. 8:39)

I choose to flee from the temptations the enemy is throwing at me right now. I turn and walk the other way. I choose to submit to You, Lord. I resist this onslaught of the evil one. Enemy, you have to run! (2 Tim. 2:22; Jas. 4:7)

I covenant with my eyes to look away the minute something tempting or potentially tempting comes into view. I renounce the lust of the flesh, the lust of the eyes, and the pride of life. (Job 31:1; 1 Jn. 2:16)

Father, I've been battling this head-on for so long that I'm afraid the enemy may sneak up from behind—I'm so glad You **watch my back**. My healing will come quickly. (Is. 58:8)

I'm feeling weak, Lord. Praise You that You **show Yourself strong** in the middle of our weakness. (Dt. 3:24; 2 Cor. 12:9)

Father, **I unleash the power** alive within me against the enemy who is prowling around looking for a way to eat me alive. It is the same power that raised Christ's dead, decaying flesh and transformed it into a glorious resurrected body. Enemy, you are defeated! (Eph. 1:19-20; 1 Pet. 5:8; Heb. 2:14)

Send Your angels to minister to me right now, Father. I need help! (Heb. 1:14)

I know this is a battle of the mind. I resist every wrong thought as if I were in a mental tennis match. I refuse to be outwitted by a fallen, created being. **I take every thought captive** in Jesus' name. I know I'm fighting the kingdom of darkness, not flesh and blood. (2 Cor. 2:11; Ezk. 28:13-17; 2 Cor. 10:5; Eph. 6:12)

You promised to **provide a way of escape** from every temptation—help me see it now! Open my spiritual eyes so I don't miss it. (1 Cor 10:13; Eph. 1:18)

Satan plants a thought and then accuses me for having the thought. But I won't stand for it! **I claim my inheritance** as one who belongs to the Lord: No weapon the enemy uses against me will work. I refute his accusations. (Gen. 3:1-5; Zech. 3:1-2; Is. 54:17)

Lord, teach me to stand firm when I've stood every way I know how—and then **help me to keep on standing**. (Eph. 6:13)

I recognize that Satan, the accuser of the brethren, is trying to shame me into keeping my struggle a secret—hidden in darkness. **I come into Your glorious light**, Lord, willingly bringing every deed and every thought. The truth will set me free. (Rev. 12:10; Jn. 3:19, 12:35; Eph. 5:8-14; Jn. 8:32)

Thank You, Jesus, that You did not come to condemn me but to **set me free**. I know my freedom is even more important to You than it is to me. (Jn. 3:17; Gal 5:1)

I confess the sin of _____ and receive Your forgiveness. I refuse to cover up my iniquity; I won't give Satan a foothold of any kind by harboring sin. (1 Jn. 1:9; Ps. 32:5; Eph. 4:26-27)

Lord, **You have provided everything** I need to live a godly and holy life. Through Your strength, all things are possible. (2 Pet. 1:3; Phil 4:13)

Abba, You say the enemy is a liar and will do everything he can to make me distrust You. But Your Word is truth, and as **I renew my mind** with it today, I am conformed to the image of Your dear Son. (2 Cor. 11:3; Jn. 17:17; Ro. 8:29, 12:2)

I have Jesus' power to overcome the enemy—I trample him under my feet. (Lk. 10:19)

I come against the enemy with the blood of the Lamb, my testimony, and a surrendered life. **I am more than a conqueror** in Jesus. (Rev. 12:11; Ro. 8:37)

Father, **give me a passion for Your Son**. As I grow to love Him more and more, I'll keep His commandments out of sheer desire to please Him. (Jn. 14:15)

I speak to the mountain of (name the persistent sin) in my life: I command you to throw yourself into the sea. (Mk. 11:23)

Hallelujah—You set me free from sin and made me a slave to righteousness! Thank You, Jesus, for defeating sin, death, and hell. In You, **I am victorious!** (Ro. 6:18; 1 Cor. 15:57)

I wield every spiritual weapon You've given me to tear down this stronghold of thoughts. I put on my helmet of deliverance—I have the mind of Christ. I take up my shield of faith—You made it specifically to quench fiery darts of the wicked one. (2 Cor. 10:3-5; Eph. 6:17; 1 Cor. 2:16; Eph. 6:16)

Lord, You are able to **keep me from falling** today and will present me without fault before Your throne. Praise be to You both now and forever! (Jude 24-25)

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