



PRAYERS
FOR
Healing
BROKEN
RELATIONSHIPS

*J*esus knew the grief, bitterness, and gut-twisting emotional turmoil that broken relationships cause. He also knew that the pain we feel when relationships aren't right affects not only our ability to relate to others, but also to God. Don't hang on to it, He encouraged. Go make it right (Mt. 5:23-24).

Sometimes that's easier said than done. That's why we need to start with prayer. These scriptural prayers can help you build bridges toward healing relationships that are strained, damaged, or that may even—from a human perspective—seem hopelessly broken. There is hope for restoration through the love of Christ, the strength of His Spirit, and the power of prayer.

SEEKING GOD'S PERSPECTIVE

Lord, Your ways are higher than mine. How do You see this person? Show me the good things You see that I'm not seeing right now. Help me keep sight of Your heavenly and eternal perspective instead of my own earthly, limited one. (1 Sam. 16:7; Is. 55:9)

God, give me insight into Your purposes so I can better cooperate with You in what You're doing in this relationship. Give me Your Spirit of wisdom and revelation so I can know You better through this and can relate to the situation from Your perspective. (Jer. 29:11; Eph. 1:17-18)

Give me the confidence, God, that You work all things together for good for those who love You. Help me to trust that You will bring good things out of this situation and restoration to the relationship. (Ro. 8:28; Gen. 50:20)

HUMBLING MYSELF

I submit to You, God, for You to mold me. As You tested Joseph's character through his hurtful experiences at the hands of his brothers, I know You are shaping mine. (Is. 64:8; Jer. 18:4; Ps. 105:17-19)

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Search my heart, Holy Spirit, and expose my sinful reactions to this hurt. I repent of damaging attitudes such as bitterness, pride, and gossip. (Ps. 139:23; Jer. 17:10)

Father, let Your life-giving Spirit flow through me and wash away my anger and pain, replacing them with Your selfless love. I remember the richness of Your kindness to me, Lord, while I was still a sinner. Now help me to extend that same quality of mercy and kindness to another. (Jn. 7:38; 1 Cor. 13:4-5; Ro. 5:8)

RELEASING OFFENSES AND OFFENDERS

Father, I trust You to deal with this broken relationship. I resist the desire to control, manipulate, or fix this situation or person. Instead, I choose to entrust _____ and myself to You. (Ro. 12:19; 1 Pet. 2:23)

With Your help, I won't allow anger to remain in my heart, God. I resist all efforts of the enemy to gain a foothold in my life through it. Fill me with the fruit of Your Spirit: love, joy, peace, patience, and kindness. (Eph. 4:26-27; Gal. 5:22)

CONFRONTING THE REAL ENEMY

Lord, I know the enemy comes to steal, kill, and destroy. I'm aware of his schemes to use conflict and grudges as weapons against me. I recognize that the battle is not against flesh and blood, but against spiritual powers in heavenly places. (Jn. 10:10; 2 Cor. 2:11; Eph. 6:12)

Father, I take up the divinely powerful spiritual weapons You have given me in Christ in order to withstand and defeat every spiritual scheme devised against this relationship. I stand against lying thoughts and take them captive to the obedience of Christ. I receive the authority given to me over all the power of the enemy and, like Jesus, I say, "Away from me, Satan!" (2 Cor. 10:3-5; Is. 54:17; Lk. 10:19; Mt. 4:10)

BUILDING BRIDGES

Lord, I know Your intention is for me to bless, not curse. I choose to pray for and speak blessing over _____. When I speak to this person, Holy Spirit, please fill my mouth with Your words. (Ro. 12:14; Mt. 5:44; Ps. 19:14)

Lord Jesus, I claim the power of Your blood to break down dividing walls and bring unity between people who have been separated. I accept my assignment as a minister of reconciliation as You were, Jesus, and ask for Your empowering love to help me build bridges of reconciliation. (Eph. 2:13-15; 2 Cor. 5:18-19)

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