

HOT

Discussion Guide

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HOT DISCUSSION GUIDE

Chapters 1–3

1. Lindsey seems to have everything going for her. Who do you know who seems to have it all?

Read Matthew 5:3-12 (NIV). *Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will be shown mercy. Blessed are the peacemakers, for they will be called sons of God. Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven. Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me. Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you.*

2. Do you believe the person you thought has it all is truly happier or better off than you?

Chapters 4–6

1. Describe Lindsey's relationship with her sister?
2. How are your relationships with your siblings alike or different from Lindsey's and Kristine's?

Read 1 John: 4:20-21 (NIV). *If anyone says, "I love God," yet hates his brother, he is a liar. For anyone who does not love his brother, whom he has seen, cannot love God, whom he has not seen. And he has given us this command: Whoever loves God must also love his brother.*

3. How could you treat your siblings more like God directs us to in these verses?

Chapter 7

1. Pastor Ed gives the analogy of sex being a fire. What words and images come into your mind when you hear the word "sex"?

Pastor Ed quotes Genesis: 2:23-25 (CLB). *"This is it!" Adam exclaimed, "She is part of my own bone and flesh! Her name is 'woman' because she was taken out of a man." This explains why a man leaves his father and mother and is joined to his wife in such a way that the two become one person. Now although the man and his wife were both naked, neither of them was embarrassed or ashamed.*

2. Why do you think Adam and Eve were not embarrassed or ashamed?
3. God glorifies sex within marriage, but how does He feel about sex outside of marriage, or as the Bible often refers to it, "sexual immorality"? Read the following passages and discuss:

Galatians 5:19 (NIV). *The acts of the sinful nature are obvious: sexual immorality, impurity and debauchery.*

Ephesians 5:3 (NIV). *Let there be no sex sin, impurity or greed among you. Let no one be able to accuse you of any such things.*

Romans 13:12-13 (CLB). *So quit the evil deeds of darkness and put on the armor of right living, as we who live in the daylight should! Be decent and true in everything you do so that all can approve your behavior. Don't spend your time in wild parties and getting drunk or in adultery and lust, or fighting, or jealousy. But ask the Lord Jesus Christ to help you live as you should, and don't make plans to enjoy evil.*

Chapters 8–10

1. Lindsey and Noah truly seem to be falling in love. As they develop their relationship they are feeling out their boundaries with one another.

Read 1 Thessalonians 4:3-5 (NIV). *It is God's will that you should be sanctified: that you should avoid sexual immorality; that each of you should learn to control his own body in a way that is holy and honorable, not in passionate lust like the heathen, who do not know God.*

2. Discuss what kind of boundaries you should draw in your relationships.
3. How far do you think is too far to go?

Chapters 11–12

1. How did Noah react when Lindsey told him she wants to save herself for marriage?
2. Do you think you could be as brave as Lindsey to declare sexual purity to someone you are really into?

Read Psalm 121:1-4 (NIV). *I lift up my eyes to the hills—where does my help come from? My help comes from the LORD, the Maker of heaven and earth. He will not let your foot slip—he who watches over you will not slumber; indeed, he who watches over Israel will neither slumber nor sleep.*

And 2 Timothy 4:17 (NIV). *But the Lord stood at my side and gave me strength.*

3. Reflect on how God can help you stand up for your convictions.

Chapters 13-14

1. What places, voices, and influences are telling Lindsey sex is acceptable, and even enjoyable and thrilling?

Read 2 Timothy 2:22 (CLB). *Run from anything that gives you the evil thoughts that young men often have, but stay close to anything that makes you want to do right. Have faith and love, and enjoy the companionship of those who love the Lord and have pure hearts.*

2. Whose voice should we listen to?

Chapter 15–16

1. Lindsey planned to stay a virgin until marriage, so why did she change her mind?
2. Have you ever felt strongly about something, yet acted differently?

Read the parable of the sower in Matthew 13:19-23 (CLB). *The hard path where some of the seeds fell represents the heart of a person who hears the Good News about the Kingdom and doesn't understand it; then Satan comes and snatches away the seeds from his heart. The shallow, rocky soil represents the heart of a man who hears the message and receives it with real joy, but he doesn't have much depth in his life, and the seeds don't root very deeply, and after a while when trouble comes, or persecution begins because of his beliefs, his enthusiasm fades and he drops out. The ground covered with thistles represents a man who hears the message, but the cares of this life and his longing for money choke out God's Word and he does less and less for God. The good ground represents the heart of a man who listens to the message and understands it and goes out and brings thirty, sixty, or even a hundred others into the Kingdom.*

3. Which type of soil is Lindsey?
4. Which type of soil are you?
5. Which type of soil would you like to be?

Chapters 17–20

1. Both Emma and Lindsey have sought out ways to be alone with Peter and Noah. It is in these moments that they caved into physical desire. What does the Bible say about avoiding sexual situations outside of marriage?

1 Corinthians 6:18-19 (NIV). *Flee from sexual immorality. All other sins a man commits are outside his body, but he who sins sexually sins against his own body. Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body.*

2. Can you think of some ways you could avoid getting into compromising situations with someone from the opposite sex?

Chapters 21–22

1. What does it take for Lindsey to turn to God?
2. Read the following passages and discuss when and why and how often God wants you to turn to Him?

Luke 11:9 (CLB). *Keep on asking and you will keep on getting; keep on looking and you will keep on finding; knock and the door will be opened. Everyone who asks receives; all who seek, find; and the door is opened to everyone who knocks.*

Colossians 4:2 (CLB). *Don't be weary in prayer; keep at it; watch for God's answers and remember to be thankful when they come.*

1 John 1:9 (NIV). *If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.*

Chapters 23–24

1. How long ago was the Bible written?

2. Who was it written for?

Read 2 Timothy 3:16-17 (CLB). *The whole Bible was given to us by inspiration from God and is useful to teach us what is true and to make us realize what is wrong in our lives; it straightens us out and helps us do what is right. It is God's way of making us well prepared at every point, fully equipped to do good to everyone.*

3. How real is the Bible for you today?

Chapters 25–27

1. Lindsey takes a step to right her wrong. Read the following passage and discuss when is it too late to change?

Romans 8:38-39 (CLB). *For I am convinced that nothing can ever separate us from his love. Death can't and life can't. The angels won't and all the powers of hell itself cannot keep God's love away. Our fears for today, our worries about tomorrow, or where we are—high above the sky, or in the deepest ocean—nothing will ever be able to separate us from the love of God demonstrated by our Lord Jesus Christ when he died for us.*

2. No matter what we've done, when will God stop loving us?